



On the Hill

Kit List

All participants

- Wet weather gear, including waterproof coats and trousers
- Warm Hat
- Sun Hat
- Sun lotion in the hotter months as much of the time will be spent outside
- Outdoor clothing, including clothes and footwear you don't mind getting dirty.
- Strong outdoor boots/shoes/ Wellies
- Drinking water bottle

For participants staying overnight

- Warm clothes for the evening
- Good torch (Head torches are really great)
- Sleeping Bag
- Single sheet
- Roll mat if you have one (otherwise this will be provided)
- Warm clothes to sleep in.
- Extra blankets are useful in the colder months
- Pillow
- Towel
- Eco friendly toiletries

****You will not have to bring any food as this will all be provided****